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|  |  | |  | | --- | |  | | Glory Ridge Packing List | |  | |

# **Clothes - Cold Weather Layers**

* T-Shirts – long and short sleeves
* Jeans or Overalls
* Coat, Fleece, Sweatshirt – think layers
* Hiking boots or athletic shoe
* Flip Flop for Bath House
* Rain Poncho
* Hats and Bandannas (for sun and sweat)
* Gloves, Toboggan, Scarf, Ear Band/Muff

**\*\* Please bring tough clothes that can get very dirty or ruined.**

# **Gear – Cold Weather Equipment**

* Refillable Water Bottle
* Toiletries: Soap, Sham/Cond, Deodorant, Personal Items, etc.
* Necessary Medications (please notify Meredith with details on medications)
* Towel
* Cold Weather Sleeping Bag, Blanket and Pillow (sleeping pads provided)
* Small flashlight or Head Lamp
* Money ($20-$30 - meals on the way up and way back in labeled envelope)

**\*\* Please pack all of this in one soft sided duffel bag!**

# **Please Do Not Bring**

* Electronics of any kind: Cell Phones, Ipods, Ipads, Video Games, etc.
* Firearms, Knives, Fireworks, or Tobacco
* Hairdryers (believe us, there is no need)
* Food or Candy (animals will get it)
* Anything else that you know would be a bad idea!

**We advise labeling everything, so items can make it home with the right person!**

**Please email** [**meredith@holy-trinity.com**](mailto:meredith@holy-trinity.com) **with questions or supply needs!**